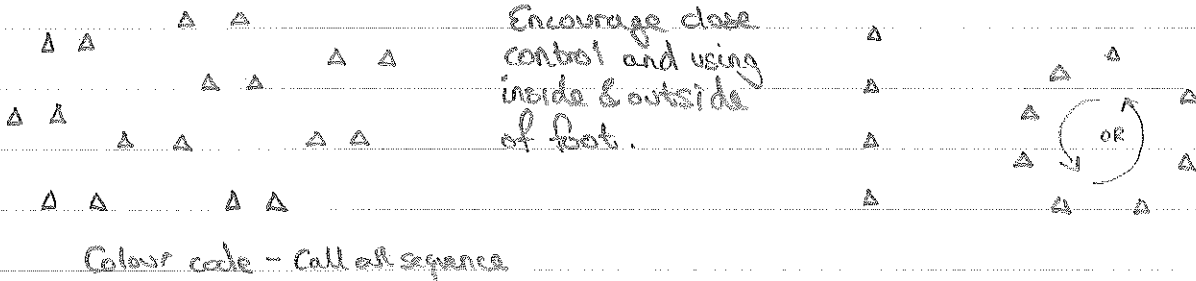


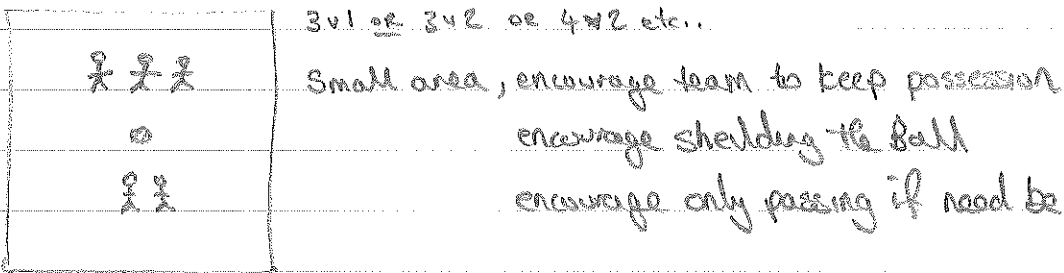
# Training Programme 2

## ① Warm up = Tail Tag

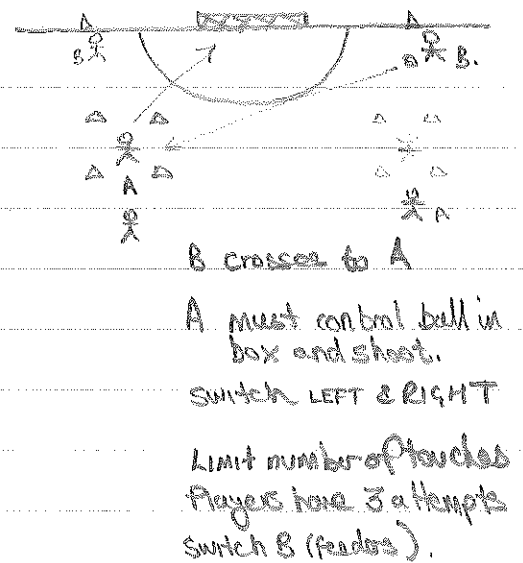
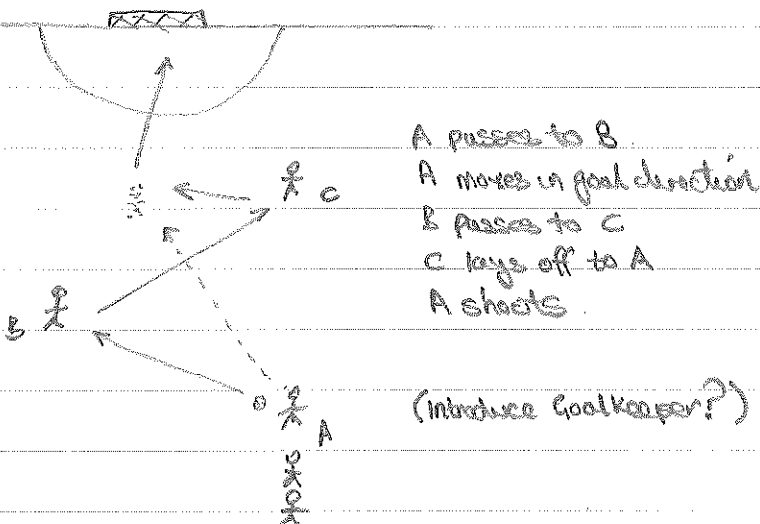
## ② DRIBBLING



## ③ PASSING



## ④ SHOOTING



## ⑤ GAME 7v7